

EyeOpeners

SOUTH CAROLINA ASSOCIATION OF PERIANESTHESIA NURSES

SCAPAN MISSION

The mission of the South Carolina Association of Perianesthesia Nurses is to promote excellence in all aspects of Peri-anesthesia nursing practice through education, specialty certification, nursing research and ASPAN standards in an environment that is respectful of others and adaptive to changes.

Individual Highlights:

Pet Food Drive	2
Region 5	3
Research	4
District Updates	6
Classifieds	7
GA updates	8
Go For the Gold	12

Letter From The President

I heard an oriental proverb many years ago that went something like this, "If you do not know where you are going, you will never get there". With this in mind, it is important for individuals and organizations to have an idea of where they want to go, and what they want to accomplish along the way.

The SCAPAN Board of Directors met in Greenville on February 2, 2007 to determine our future course. With input from members across the state via district directors, SCAPAN's Strategic Plan was refined and approved. Key elements include support for education, adherence to standards of care, promotion of recognition and certification, PeriAnesthesia research, collaboration with other professionals, and a new focus on enhanced communication with SCAPAN members across the state.

I learned in a seminar that the oriental symbol for opportunity is also the symbol for danger. Each of us has traveled the

road to opportunity to discover danger along the way, and at other times have been in dangerous waters to discover great opportunity. While the board members serve as leaders for our strategic plan, individual SCAPAN members are critical for future development and collective goal achievements. Together we will look for opportunities and minimize the dangers along the way. In today's environment the dangers may include limited resources, time constraints, family responsibilities, lack of communication about opportunities, and at times, apathy.

In her president's message on the ASPAN web page (ASPAN.org) Pam Windle notes that we should try to be realistic about our expectations about resolutions. This also requires that we need to be persistent, enthusiastic, creative and feel energized and visionary. She further notes that collaboration is

a key component in achieving our goals and in our quest for excellence.

I urge each of you to join in the quest for excellence and to collaborate with other PeriAnesthesia nurses and health care professionals to ensure quality care for patients, improve patient outcomes, and enhance positive work environments.

Opportunities abound at the local level, the state level, and the national level. Contact your district representatives with your ideas or concerns. Please let us hear from you and how you are willing and able to support our strategic plan and help us meet our goals. Also let us know how we can be more supportive of SCAPAN members. Your ideas and input are important to the success of SCAPAN. (Visit our web site SCAPAN.com). In TEAMS great things can be accomplished because **Together Everyone Accomplishes Mores Success.**

At your service, Jan •

Goodbye from the Treasurer/Newsletter Editor

As SCAPAN and ASPAN continue their "Journey to Excellence", I am beginning one. After much thought and consideration, I am moving on. As you read this I will be starting a new

job in Baton Rouge Louisiana. It is my home and I will be back amongst my family after 20 years of living in South Carolina.

It has been my honor to serve SCAPAN as

Secretary, Treasurer and Editor of the EyeOpeners during the past years. The friends I have made will be forever in my heart and the opportunities that

Con't on page 2

Board Of Directors

President

Jan Smith
10 Colgate Ave.
Greenville SC 29617
W (864) 455-7179
hoppysmith@aol.com

VP/Pres. Elect

Alisa Shackelford
5120 Cornflower Ct
Charleston SC 29414
W (843) 402-1042
fulflo@comcast.net

Treasurer

Christie Norgart
1591 Harborsun Dr
Charleston SC 29412
W (843) 402-1921
woodchristie@yahoo.com

Secretary

Nancy Zarczynski
100 Sassafras Dr
Easley SC 29642
W (864) 236-7574
nanzar@msn.com

Immediate Past Pres.

Lynn Bond
1369 River Rd
Johns Island SC 29455
W (843) 876-0191
lbond007@aol.com

Goodbye continues

SCAPAN/ASPAN has offered are greatly appreciated. I feel my growth as a professional is partly due to being active in SCAPAN. I am excited about the move but also realize I am taking myself out of my "comfort zone"... and this is a good thing. We never want to settle and become stagnant. This is why it is so important to take advantage of the opportunities your association offers you. It really takes so little to be the recipient of so much. I am so glad I took the extra step and became involved. Once I settle in, I plan on getting involved with LAPAN (Louisiana Association of

Perianesthesia Nurses). Who knows, maybe our paths will cross in the future as I will still have my hands in Peri-anesthesia nursing. I will be the Quality Coach for the OR/PACU and ICU at a local hospital in Baton Rouge.

I would like to thank the SCAPAN Board, past and present, for all their support to me through the years.

Thanks to those that have stepped up to the plate to assume the duties that I have left. I am proud to be part of an association that is growing bigger and better and has the dedication of so many people.

As the Tina Turner song says, "You're Simply the Best".

I wish you all good luck and much happiness in your journey!

Anne

Anne can be contacted at a1dunning@hotmail.com•

Welcome

FYI...

Samantha Hanna RN CPAN is the new Newsletter Editor.



Help Save Money...

SCAPAN would like to know...how would you prefer to receive your newsletter? Please email me at scswete@hotmail.com if you would like to receive your newsletter via email only! This saves you, as a SCAPAN member, money! •

WELCOME

Christie Norgart BSN, RN, CPAN as the NEW SCAPAN Treasurer!

Christie works at Saint Francis Hospital in Charleston SC. She served as the Coastal District Treasurer in 2006! •



Pet Food Drive

During 2007, SCAPAN is sponsoring a pet food drive to benefit Meals on Wheels. Collect 10 lb. bags, or less, of can or dry dog or cat food, or can dog or cat food. Volunteer to deliver or pick-up animal food in your district! Contact the SCAPAN board or your district board for more details. Research studies have shown pets enhance the lives of owners. •

"Some Meals on Wheels recipients are sharing their meals with their pets!"



Don't want to hold onto the animal food....Bring it to Spring Into Action in Sumter on March 24th.



Winter –Spring 2007 Updates Region Five Director Chris Price, MSN, RN, CPAN, CAPA

Greetings Region Five Component Leaders, District Leaders and Membership!

It is hard to believe that ASPAN's National Conference in Anaheim is only a few short weeks away! Having 'wintered' here in Delaware – I am so looking forward to sunny Anaheim, California. Hard to believe how time has flown since Orlando and ASPAN's 25th Anniversary Celebration? Hoping to see you and really kick off spring this coming April 15-19th at the Disneyland Hotel.

And as your region Five Director – I am sending hugs and best wishes to all the Region Five members from Alabama, Delaware, Florida, Georgia, Maryland, North Carolina, South Carolina, Tennessee, Virginia, and Washington DC, too.

As we prepare for the National Conference activities – rest assured that YOUR National ASPAN Leaders and your Component Board members and Presidents have been hard at work assuring that you have the most current and up to date information for our perianesthesia specialty.

Once again it is time to provide for you an impressive snapshot as provided by our ASPAN President Pam Windle, in her 3rd Quarterly report. (November 2006 through January 2007)

MEMBER BENEFITS/EDUCATION

- December 06 - Presented PONV/PDNI Guideline poster abstract at the PGA

- Represented ASPAN at the NSNA conference
- Finalized 2 new ASPAN seminars for Spring 2007:
 - Safety Begins with Us
 - Perianesthesia Nursing: A Systems Review of Pathophysiology

- ASPAN Seminars:
 - *Number of ASPA seminars Increased from 19 (Winter/Spring 06) to 26 (Winter/Spring 07)*
 - *Number of ASPAN co-sponsored seminars Increased from 6 (Winter/Spring 06) to 8 (Winter/Spring 07)*

- ASPAN board members & ambassadors represented the following components during their winter conferences: MeSPAN & WSPAN.
- Working on the development of the Gerontology Web Resource Site with Gerontology Web Fellows

CLINICAL PRACTICE

- Responded to almost 450 clinical questions by the Clinical Practice committee. Most common questions were related to: staffing, medication safety and environment of care (blending of units).

- Nov 2006	=	159
- Dec 2006	=	84
- Jan 2007	=	107

- Finalized the safety panel presentation for the 2007 ASPAN national conference
- Conducted a Perianesthesia Data Element (PDE) meeting in January 2007 with the

- following actions:
- Reviewed, discussed and completed revalidation of the adult PDE sets
 - Discussed potential applications of adult PDE sets for pediatric population. Recommendations and work plan identified.
 - Overview lecture of the storyboards, activity diagram & glossary information by Dr. Marisa Wilson
 - Reviewed and discussed the different structural models to frame the construction of PDE
 - Reviewed and updated the PDE strategic plan
 - Identified activities that promote member's education:
 - PDE Update at the National Conference as a educational session and during the BOD and Representative Assembly meeting
 - Interactive forums for members at the national conference
 - Completed 3 storyboards as examples and assignments distributed to the group
 - Explored preliminary topics for JoPAN publication with committee assignments

COMMUNICATIONS

- On the ASPAN website conference center, there have been 1,053 posts on the ASPAN Website Conference Center since January 2006.
- Sept 2006 -- 47,000 unique hits
 - Oct. 2006 -- 54,000 unique hits
 - Nov. 2006 -- 55,000 unique hits
 - Dec. 2006 -- 52,000 unique hits
 - Website had 1 million

access hits with 92 international access hits

PUBLICATIONS

- Published a Safety corner in Breathline on SBAR (Nov-Dec issue) and Promethazine IV administration (Jan-Feb issue)
- Submitted an article regarding ASPAN's Pilot study on Safety Culture to JoPAN
- Review & revise Competency Based Orientation (CBO) Manual for RN – status in progress.

PRESIDENTIAL/LEADERSHIP REPRESENTATION of PRACTICE

- Attended the ABPANC BOD Meeting in November 2006
- Represented ASPAN at the Society for Simulation Summit in November 2006
- Attended the National Organization Alliance (NOA) meeting in November 2006
- ASPAN leader participated in the NOA sub-committee on Fatigue
- Participated in the following at the PGA Conference:
 - Collaborative meeting & presentation at the Anesthesia Care Team Meeting
 - Presented the ASPAN PONV/PDNI Guideline poster
 - Invited to write an article on ASPAN Update and NYPANA update to be published on their

Con't on page 10

Conducting Research

Lynn Bond RN

Directors

Webmaster

Lynne Wunch
suthrn4u@sc.rr.com

Newsletter Editor

Samantha Hanna
scswete@hotmail.com

District Directors

Cheryl Coleman
cpamela1@verizon.net

Barbara Davis
b-waynick-davis@msn.com

Jaci Gibson
jakeji7@aol.com

Debbie Lorris
lorrisdr@musc.edu

Paula Williams
paula.williams@oconee-med.org

You have done your study and have your data. Maybe you replicated a study, so the tools have been used before and the analysis of the data can be done the same way. There are courses in statistics you can take to help with the data analysis. You might be able to ask for the assistance of a nursing professor in a school nearby.

The use of statistics to correlate data is best done with the help of an experienced researcher. I took statistics during the pursuit of my master's degree, which I completed in 1988. The class I took required a 2-3 hour exam

with mathematical computation, but do I remember anything? Not really. The term ANOVA comes to mind, but I would have to review anything complex I would use. The simple use of ratio or percentage will suffice for the beginning researcher. These simple tools will be able to give you quite a bit of information.

Now you have had a few basic lessons about research. The question is what would you like to study? What part of your practice would you like to examine? If you have any

suggestions please email me at lbond007@aol.com and I will tell you what ideas have come my way. JoAnne Marcell and I did a survey about nurse's attitudes toward parental visitation in the PACU. It was published in JOPAN under authors JoAnne Marcell and Linda Jackson. Check it out. Several hospitals have nursing research committees. Check yours. •

Winter 2007 Updates Region Five Director Chris Price, MSN, RN, CPAN, CAPA

Greetings Region Five Component Leaders, District Leaders and Membership!

It is hard to believe that ASPAN's National Conference in Anaheim is only a few short months away! Wasn't it just yesterday that we were all in Orlando for the 25th Anniversary Celebration? ASPAN's next Conference – April 15-19th will be held in sunny Anaheim, California at the Disneyland Hotel.

Hoping to see many of you - the Region Five members from Alabama, Delaware, Florida, Georgia, Maryland, North Carolina, South Carolina, Tennessee, Virginia, and Washington DC, too.

Your National ASPAN Leaders and your component Board members and Presidents have been hard at work assuring that you have current information, education and practice guidelines and clinical insight needed to practice in our very diverse perianesthesia specialty areas!

So – you might ask – what is really happening at the National level? Let me provide you a brief - yet impressive snapshot as provided by your ASPAN President Pam Windle, in her 2nd Quarterly report. (August through October 2006)

Con't on page 9

Bylaws Update:

Bylaws updates will be posted in the August Edition of Eye Openers. Updated bylaws may be available for review before that date on the SCAPAN web page.

Welcome!

- L. Dukes, RN
- K. Olinger, BSN, RN
- H. Williams, BSN, RN
- Tammy Kay, RN
- Rebecca Brancati, RN
- Shana Collins, BSN, RN
- Kim Rector, RN
- Shawna Doran, BS, RN
- K. Dilorenzo-Thames, MSN, RN
- E. Norris, RN, CAPA
- Angela Pettit, RN, CPAN
- Donna Flickinger, RN, CPAN
- ...and all others I may have missed!

Calendar of Events

- March 24 - Spring Into Action, Sumter SC
- April 15-19 - ASPAN National Conf., Anaheim CA
- October 13 - SCAPAN Annual Conference

Spring Into Action Workshop

March 24, 2007 7:30am -12pm

Staying Current in Perioperative Nursing

Objectives: upon completion of this workshop, participants will be able to:

1. discuss the pitfalls of vascular surgery
2. identify the need for vascular surgery protocols
3. recognize special needs of geriatric patients
4. list at least two of the multimodal approaches utilized for minimal pain after knee surgery

Target Audience:

RNs, LPNs, and other healthcare professionals interested or engaged in the care of patients in the perioperative arena.

Accreditation:

“Tuomey Healthcare System is an approved provider of continuing nursing education by the South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.” This Educational activity has been approved for 3 contact hours.”

CE approval does not imply ANCC COA or SCNA CEAC approval or endorsement of any commercial products.

Conference Room 1, located on the first of the hospital

Agenda

- 0730** Registration/Continental breakfast
0750 Welcome
0800 Vascular Surgery Procedures, Pitfalls and Protocols:
 Hans Brings, MD,
 Sumter Surgical Associates
 Sumter, SC
0900 Break
0910 The Geriatric Patient: Case Scenarios:
 Mayes DuBose, MD
 Sumter, SC
1010 Break
1020 Multimodal Approach for Minimal Pain after Knee Surgery:
 Rodney Alan, MD
 Palmetto Orthopedic and Sports Medicine
 Sumter, SC
1120 Break
1130 Central Midlands District Meeting & Elections
 SCAPAN meeting to follow

Sign-up Form

Pre-registration is required. Due to limited seating early registration is encouraged. Deadline for registration is March 19, 2007. Cancellations received prior to the deadline will be honored. No refunds will be made after March 22. Substitutions will be permitted with prior notice.

Checks should be made payable to: Central Midlands SCAPAN

Mail check and registration form to:

Jacqueline Gibson
 10 Woodland Ct.
 Sumter, SC 29150

Name _____

Address _____

City _____

State, Zip _____

Employer _____

Home phone _____

Work phone _____

E-mail _____

Fees: \$25.00 member / \$30.00 non-member

\$10.00 Students & Instructors

Registration at the door will be an additional \$5.00

Amount enclosed: .

CPAN - Member # .

CAPA - Member # .

ASPAN - Member # .

Accommodations:

For your convenience we have included the phone numbers of several area hotels:

Comfort Suites: 803.469.0200

Days Inn: 803.469.8400

Fairfield Inn by Marriott: 803.469.9001

Hampton Inn: 803.469.2222

Ramada Inn: 803.775.2323

Special Needs:

We want to ensure that all participants can benefit fully from this program. If you need auxiliary aids or special services to attend this program, please call us at least five (5) working days prior to the program at 803.774.9877 and we will make arrangements.

Planning Committee:

Cheryl Coleman, RN, BSN

Jaqueline Gibson, RN, ADN

Phyllis Buckner, RN, BSN

Sponsored by: Central Midlands SCAPAN & Tuomey Healthcare System

Education Department

129 North Washington St.

Sumter, SC 29150

Web site: www.tuomey.com

Coastal District Report

Samantha Hanna, RN CPAN

And the Winner is...
Frances Wilson. She has won a free 2007 state conference registration fee and one night (conference price) hotel

Coastal district held their annual elections at a Jan. 18th meeting. Dr. L. King spoke on Aging Macular Degeneration and RoperSaintFrancis Healthcare (RSFH) provided 1.0 contact hour.

The new officers are as follows: President - Samantha Hanna, RN CPAN, VP/Pres Elect – Nina Gissell, RN, Secretary – Dianne Jenkins, RN-BC, Treasurer – Shelley Stinson, BSN, RN, and Board

Members Monique Merritt, BSN, RN, CPAN and Shirley Wetzstein.

Thank you to all in attendance, and thanks to the 2006 board for a great year! We couldn't have done it without YOU!

February 8, 2006 CAPAN held a collaborative educational meeting with local AACN, ENA, AORN, and AANN with 38 in attendance!

During PANAW, Coastal collected 75+ bags of dog/cat food and 90+ cans of dog/cat food for Meals On Wheels! A van full of gifts and food donations was made to Crisis Ministries during Christmas from RSFH PACU!

The next Coastal meeting will be March 29 at St. Francis Hospital. •

Central Midlands District Report

Jaci Gibson, RN

Plans are in full swing for our upcoming Spring Into Action seminar. Join us Saturday, March 24 in Sumter from 8am - 11:30 am. Brochures are in the mail – please contact me if you didn't receive yours! Topics include care of geriatric patients, vascular surgery, and minimally invasive total knee

surgery. A short district meeting, with elections, is slated for after the seminar. All positions are up for election – please consider running. The current board will help you along your journey!

I'd like to thank my fellow district officers for their service over the past

4 years to the Central Midlands district, as well as their friendship and support! We have enjoyed working together, planning seminars, PANAW activities, membership drives and travels! What a great group ~ we invite ALL newcomers!

Once the dust settles from Spring Into Action,

we will move on with plans for the 2007 SCAPAN state conference to be held at Lexington Hospital. We welcome any ideas for topics/speakers. Feel free to contact me at jakeij7@aol.com. •

Piedmont District Report

Jan Smith MSN, RN, CPAN

And the Winner is...
Krista LaRussa won the SCAPAN points award!

Piedmont group (PAPAN) continues to meet quarterly with AORN chapter of the upstate. This allows networking between members of both groups. The next meeting will be March 26th at the Haven at Chanticleer in Greenville. Directions are available on the web or contact Jan Smith or Nancy Z. The topic is "Vital Signs" a video about the FISH philosophy and how this is operationalized in health care settings.

This philosophy was started at a fish market in Seattle Washing and has spread

across the country. It involves customer service and team work and is based on 4 tenets including 1) Play (e.g. Have Fun) 2) Make their day 3) Choose your attitude and 4) Be there. I hope lots of our members can be there on the 26th.

PANAW

SCAPAN kicked off PeriAnesthesia Nurses Awareness week with a visit from Dolly Ireland who presented one of the ASPAN Winter/Spring Seminar Series entitled Pediatrics: Little Bodies, Big Differences.

The session was held at Greenville Memorial Hospital with 68 participants. Nurses from South Carolina, North Carolina and Georgia attended. Great information was obtained from Dolly in addition to information gained by the networking with PeriAnesthesia nurses from various settings. Thanks to all who attended. SCAPAN plans to provide similar sessions in the future supporting one of our strategic goals as an education provider.

Do You Know A Star?
Samantha Hanna RN CPAN

ASPAN is looking for Stars! No, not the ones in the sky ~ the ones that you work with every day!!

Do you know some-one who is stellar? Does this person serve at the district level, component level, or national level and deserves to be recognized? If so, nominate them for the ASPAN Star Recognition Program!

Log on to www.aspan.org, select the "members" tab, then click on "awards". Click the "Star Recognition Award" box in the upper right corner for details! •



Classifieds:

Looking for a few good nurses:

SCAPAN has the following positions up for elections in October:

VP / President Elect – serves 1 yr as VP, 1 yr as Pres and 1 yr as Immediate Past Pres.

Treasurer – serves a two-year term

Board Director – serves a two-year term

Qualifications:

- ~active ASPAN/SCAPAN membership
- ~willingness to serve for the defined term
- ~RN currently engaged

SEE SCAPAN.com for more details!!

Classifieds:

Looking for a few good nurses:

~ to serve on the Central Midlands Board

~ to promote SCAPAN/ASPAN

~to have some fun, meet new people, travel and learn new things

~to meet 3-4 times/year

All board positions (President, VP, Secretary and Treasurer) are open! But you won't be left alone!

Contact Jaci Gibson at jakeji7@aol.com or at 803-774-9877 for more details!

DON'T MISS THIS OPPORTUNITY!

DON'T LET CENTRAL MIDLANDS "FOLD"

California Bound!

Several folks from across the state will be California Bound in April. The destination is the ASPAN Conference in Anaheim, California. For those who are able to attend, watch for signs posted on message boards or in the PARTiCULARs news each day for the SCAPAN group. The tentative plan is for South Carolina nurses to meet at 7:30 pm for dinner on Monday night after the exhibit hall opening. Location will be posted – and will be close to or within the Disneyland Hotel. Jan Smith and Cheryl Coleman •



Government Affairs Alisa Shackelford, RN MA CCRN

Healthier "Green" hospitals are responding to community and environmental concerns...are you thinking "green?"

In a recent article written for the American Hospital Association, Laura Brannen shares the many initiatives nationwide focusing on reducing environmental & toxic waste from hospitals & healthcare providers. Consider the amount of waste that hospitals & healthcare providers contribute to the environment as well as toxins. Then, take into consideration the amount of "waste" that could be recycled, not only in the literal sense, but in the sense that much of what is considered "waste" is unused, unopened supplies.

The good news is that many

facilities around the United States are doing something about it! Dartmouth Hitchcock Medical Center, Lebanon, New Hampshire has an environmental team whose goal is to reduce system environmental waste. It is so entrenched in their culture it's now part of hospital orientation. New employees also tour the facility's waste management areas to see team efforts in progress. Now, five years since its inception, DHMC's environmental team recycling initiative has saved the facility more than \$250,000 a year &

impacted the environment in a proactive manner.

A voluntary partnership of the AHA, The Environmental Protection Agency, American Nurses Association & Health Care Without Harm called "Hospitals

for a Healthy Environment", (H2E) are working with hospitals to increase awareness &

Con't on page 7
productive efforts in reducing chemical & toxic releases of healthcare waste into the environment, particularly mercury & dioxin. Today, the H2E partnership

Coalition launches advertising campaign opposing Medicare, Medicaid budget cuts

The **Coalition to Protect America's Health Care**—an organization composed of hospitals, businesses, and provider groups—has launched a million-dollar advertising campaign urging Congress to reject the Bush administration's proposed budget for the upcoming fiscal year. *CQ HealthBeat* reports. The president's proposal, which was unveiled earlier this week, would shave \$76 billion in Medicare spending and slice \$26 billion from the Medicaid budget during the next five years, with hospitals sustaining particularly pronounced cuts. To rally opposition to the plan, the coalition this week kicked off a campaign with print ads in the *Washington Post* and two Capitol Hill newspapers. Television and

radio ads are scheduled to roll out on Monday. In a statement, the coalition said that the impact of the proposed cuts not only would jeopardize vulnerable populations' access to care but also could "put at risk hospitals' ability to provide these important health care services to all patients" (*CQ HealthBeat*, 2/8; Coalition to Protect America's Health Care website, accessed 2/9; *Daily Briefing*, 2/5).

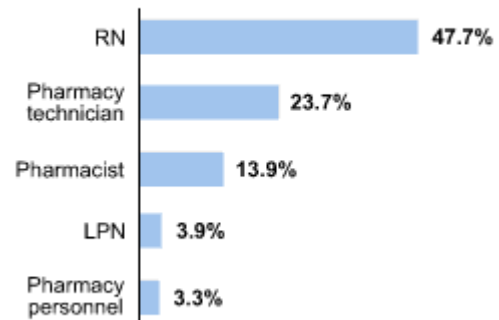
Healthcare Advisory Board website, Washington DC •

Medication errors related to Automated Dispensing Devices

Feb. 9—An analysis of MEDMARX data sheds light on the providers most frequently involved in medication errors related to automated dispensing devices (ADDs), showing that RNs make nearly half of all ADD-related errors (U.S. Pharmacopeia, January 2007). •

Staff involved with ADD-related errors

(n=17,711 errors)



Source: U.S. Pharmacopeia, January 2007.

Healthcare Advisory Board website, Washington DC

“Green” from page 5

includes 1,414 partners made up of hospitals, health care & hospital associations, group purchasing organizations, suppliers & service providers. Other examples of “being green” are: Boulder Community Hospital, Boulder, Colorado has reduced the use of blue wrap in sterile processing by adopting the use of reusable containers. This has saved the facility \$100,000 a year & more importantly the environment much more. Legacy Health System, Portland, Oregon has reduced their waste by achieving a recycling rate of 46%.

Locally, Saint Francis Healthcare Perioperative Services, Charleston, SC donates unopened, unused surgical supplies to local health clinics & *John Ancrum SPCA* &

Keeper's of The Wild animal & pet rescue organizations for medical use. Team members & surgeons also collect & donate these supplies to medical mission trips such as; *Operation Remember* and *Doctors Without Borders*. Recently, Roper Saint Francis Health Care, Charleston, SC donated 14 patient stretchers to the health charity *Mercy Ships* for use around the world, most recently in Africa.

Certainly, there is a small measure you can implement in your unit, department or organization. It's a lot easier to start than you may think. Have you done an initiative? If so, please let us know. We look forward to seeing you & hearing about it @ our next SCAPAN meeting in Sumter, SC.

~Alisa Shackelford, RN MA
CCRN •



What are you doing to “think green?”

Winter 2007 Updates Region Five Director

Con't from page 4

Chris Price, MSN, RN, CPAN, CAPA

MEMBER BENEFITS/EDUCATION

September - Component Development Institute was held in Bloomington, Minnesota. Component Leaders and Editors attended to learn about publications, research, and evidence based practice assuring "Continuing Our Journey to Excellence".

Two additional ASPAN Seminars are being developed for Spring 2007 – "Safety Begins with Us" and "PeriAnesthesia Nursing: A Systems Review of Pathophysiology".

Twenty-five ASPAN scholarships were awarded to ASPAN members. These included BSN, Masters, PhD degree support as well as certification renewals and national conference support.

CLINICAL PRACTICE

The Clinical Practice Committee responded to 958 clinical questions. "Breathline", our newsletter will begin a column on FAQ from the Clinical Practice Committee. The Standards and Guidelines/Clinical Practice committee members started publication of peer reviewed clinical articles in "Breathline"

COMMUNICATIONS

On the ASPAN website conference center, there have been 874 posts. The ASPAN website has had 1,000,000 hits and 92 international hits.

PUBLICATIONS

2006-2008 Standards of PeriAnesthesia Practice were published

ASPAN's Competency Based Orientation Manual for RNs is being updated for publication in Summer 2007 - and the CBO Manual for Unlicensed Assistive Personnel is being updated for publication in Fall 2007. Resource Manuals for the care of pediatric and ICU patients in the perianesthesia settings are being developed.

BOARD OF DIRECTORS/AMBASSADORS

Successful re-vitalization of the West Virginia component was achieved with their plans for a component conference in November.

The ASPAN Board of Directors met in November for the Mid Year Board Meeting. Ongoing monitoring process for regional directors using the buddy system was implemented to support/mentor each other using the buddy system

ASPAN Board members and Ambassadors represented the following components at their Annual Fall Conferences – PACNA, MASPAN, INSPAN, NPANA, TAPAN, AzPANA, ILSPAN, MNDKSPAN, MO-KANPANA, OSPAN, TSPAN, VT/NHAPAN, VSPAN, RMPANA, GAPAN, LAPAN, NJBPANA, SCAPAN, USPAN, PAPAN, CSPAN, ISPAN, NCAPAN, NevPANA, WISPAN, FLASPAN, NYSPAN, HIPAN, CBSPAN, MAPAN, PANANM, ALAPAN, PANAC, KSPAN, and NAPAN.

PRESIDENTIAL**REPRESENTATION of PRACTICE**

ASPAN President Pam Windle represented ASPAN at the American College of Surgeons Congress, the American Society of Anesthesiologists Conference, participating in a collaborative meeting with the APSF and the Anesthesia care Team meeting. She participated in the ANA-SNAPG for Aging meeting in Washington DC, and the Multidisciplinary Standard for PeriOperative Nomenclature (MSPN) Alliance meeting, as well as the SPAQI Conference, the ANSR (Americans for Nursing Shortage Relief) Alliance, and FASA meetings. She participated in a pain management panel presentation for Ortho McNeil.

Linda Wilson, ASPAN's Nurse Educator/CNS, participated in the ANCC Commercial Support and the ANCC Accreditation Meeting.

RESEARCH

The PONV/PDNI Guideline has been posted on the ASPAN website and was a poster presentation at the ASA Conference. Te AANA and the ASA have also endorsed this guideline. The abstract was accepted for presentation at the PGA Conference in December.

At the SPAQI Conference in September, 5 poster presentations from ASPAN members were displayed.

Ortho McNeil is collaborating with ASPAN on white paper for "Post Operative Pain Management" with

multidisciplinary team members including anesthesia, surgery, pharmacy, and orthopedics representations.

EVIDENCE BASED PRACTICE

ASPAN Evidence Based Practice work includes a review of the 2006-2008 Standards manual and ranking of Standards using the Stetler EBP Model, identifying specific EBP questions related to clinical reasoning, critical thinking, and education background related to patient outcomes and transfer of care. Short and long term projects include revision/review of hypothermia, voiding, family visitation, discharge criteria and pain and comfort.

NATIONAL OFFICE UPDATES

At the national office, a new ASPAN Membership Manager/Approver Unit point person was hired- Eileen Zeigler. During the transition, Dr. Linda Wilson (ASPAN Nurse Educator/CNS) and Dr. Barbara Hannah (Approver Unit Chair) processed all procedures and contact hour applications. Education Approver Unit manual under review and revision. Updates to ASPAN website are ongoing and the Willingness to Serve form was placed on line. Electronic process designed for Nominations of Officers for the 2007 election. Completed successful transition and implementation of new ANCC Operational requirements for the Provider Unit and the Approver Unit.

Con't on page 10

Winter Update Con't from page 9

MEMEBRSHIP and PROFESSIONAL MILESTONES

Total ASPAN membership as of October 2006 is 12,251. There are 7,245 certified perianesthesia nurses – 4,598 CPAN, 2,647 CAPA and 271 dual certified CPAN/CAPA. A total of 1,156 new members as of October 2006.

Pam continues her efforts to recruit all of us to join her on our journey to excellence – as you can see from the summation above – it is truly an exceptionally productive and rewarding one professionally! Our journey is truly soaring and magical – won't you join us in Anaheim in April? Do yourself a favor and take some time to visit the ASPAN website (www.aspan.org) and to learn more about the multiple educational and fun activities that are being offered at conference this year! Looking forward to seeing and greeting friends and colleagues as we celebrate our unique specialty and the value each and every one of you bring to our practice every day in your own journey to excellence.

Fondly and with best regards,
Chris

Chris Price, MSN, RN, CPAN, CAPA – ASPAN
Region Five Director 2005-2007
cprice@aspan.org•

Winter-Spring Con't newsletter, **Sphere**. Wrote the articles in collaboration with NYPANA president, Wanda Rodriquez. Editor has requested a quarterly submission to their newsletter.

- Invited to participate in a panel presentation with two anesthesiologists for the ambulatory session at the next ASA Conference in October 2007.
- Participated in the Alliance decision making in identifying common terminology in the perioperative setting in January 2007
- Participated in the evaluation and modification of the pilot educational program of the

Ortho McNeil pain management.

- Reviewed the 1st draft of the White Paper for Postoperative Pain management

In collaboration with ANA, NLN, STTI, College of Deans, AONE, legislators, industries and invited specialty areas, ASPAN actively participated in an "in-vitation only" TIGER (Technology Informatics Guiding Educational Reform) Summit in the development of a strategic planning to address practice education and research terminology in the next10 years at Bethesda, Maryland in November 2007.

- Engaged in the

Con't on page11

SCAPAN -Willingness to Serve
October 2007 – 2008

I am willing to serve as:

ELECTED POSITION:	<u>Terms</u>
_____ Vice President / President Elect	1 yr
(Followed by 1 yr each as President and Immediate Past President)	
_____ Secretary	2 yrs
_____ Board Director (2 positions open)	2 yrs
SCAPAN COMMITTEE MEMBER:	
_____ By Laws / Policy and Procedure	1 yr
_____ Education / Research	1 yr
_____ Government Affairs / Professional Liaisons	1 yr
_____ Finance	1 yr
_____ Nominating / Elections	1 yr
_____ Membership / Marketing/PR	1 yr
Name: _____	
Address: _____	
City: _____ Zip: _____	
Email: _____	
Home phone: _____ Work phone: _____	
Facility: _____	
City/State/Zip: _____	
I understand the duties and responsibilities of this position. Signature: _____	
Date: _____	
Return completed form to: Lynn Bond, 1369 River Rd Johns Island SC 29455	
Committee Membership Accepted through Annual State Conference	
Count me in for/to: _____	

ASPAN Scholarship opportunities

ASPAN offers opportunities to provide financial assistance to PeriAnesthesia nurses aspiring to enhance their abilities to contribute to PeriAnesthesia nursing through scholarships.

Award categories include:

\$1,000 scholarships toward BNS, MSN, or PhD in nursing.

\$ 260 scholarship for CPAN or CAPA certification exam

\$500 scholarship for national conference attendance

\$1000 scholarship for Nurse in Washington Internship program

Eligibility requirements

- RN with current license
- Active member of ASPAN
- Employed in PeriAnesthesia setting
- Minimum of 2 years PeriAnesthesia experience
- Other specifics in various categories

Deadline for submission July 2, 2007

For more information or brochures contact Jane Certo at jcerto@aspan.org or call *77-737-9696 ext. 13.

The brochure is also available in PDF format on the Scholarship Page at www.aspan.org.

The quality of a person's life is in direct proportion to his or her commitment to excellence, regardless of their chosen field of endeavor. - Vincent T. Lombardi•

Winter-Spring Con't

discussion of issues and approval of motions with the Council of Surgical and Perioperative Safety (CSPS): ASPAN, AORN, ASA, ACS, AANA, AST and Physician's Assistant) in July 2006:

- *CSPS Logo, CSPS Website, Safety Summit Think Tank, identification of core principles, financial assessment support, etc*
- *ASPAN CEO, Kevin Dill, participated in a CSPS committee on the workplace safety summit discussion focusing on sharp exposures and ergonomically work environment.*
- *Dina K participated in the CSPS committee on CSPS Core principles, updated on the following: CSPS universal nomenclature core principle, Center for education and research on therapeutic grant application, and Alliance of Common terminology information*

RESEARCH

- Published PONV/PDNI in the JoPAN publication Focus issue on (December 2006) publication:
- ASPAN's Delphi Study was granted an exempt status by IRB. First round of the Delphi Study ongoing.
- 14 research abstracts accepted for national conference presentations
- 58 successful clinical practice abstracts accepted for national conference presentations
- Updated the ASPAN Research webpage with 2 educational articles for members

INFRASTRUCTURE/BOARD OF DIRECTORS

- Completed an extensive 50 agenda items during the ASPAN mid-year board meeting
- Designated a 4 member taskforce for the ASPAN web redesign, with Joni Brady as the lead person
- Designated New Orleans as 2010 ASPAN National Conference site.
- Updated ASPAN website. Continue to analyze ASPAN email system by the Computer Specialist
- Designed a new electronic process for the nominations for officers for the 2007 election

MEMBERSHIP and PROFESSIONAL MILESTONES

- Total ASPAN membership as of January 2007 is 12,377
- New ASPAN members:
--Nov 2006 = 283 --Dec 2006 = 122 --Jan 2007 = 509
- Certified Perianesthesia Nurses (stats from ABPANC)
--CPAN 4,619 --CAPA 2,674 --Dual CPAN & CAPA 283

Pam continues her efforts to recruit all of us to join her on our journey to excellence – as you can see from the summation above – it is truly an exceptionally productive and rewarding one professionally! Our journey is truly soaring and magical – won't you join us in Anaheim in April? Do your-self a favor and take some time to visit the ASPAN website (www.aspan.org) and to learn more about the multiple educational and fun activities that are being offered at conference this year!

COMPONENT LEADERS – PLEASE remember to provide the National Office/Me with a one-page update of your Component's activities to be included in the Component Presidents' packet during the Component Presidents' Luncheon from 1200-1330 on Sunday. Be sure to join us for the Dream Walk that morning – and come prepared to enjoy the ASPAN Foundation Cookbook and reap the rewards of networking, healthy exercise and the unique culinary talents of our comrades!

Counting down to seeing and greeting friends and colleagues! Thanks and kudos to all of you as we celebrate our unique specialty and the value each and every one of you brings to our practice in your own journey to excellence. You really do make a difference every day!

Fondly and with best regards,
Chris Price, MSN, RN, CPAN, CAPA – ASPAN Region Five Director 2005-2007
cprice@aspan.org

Chicken and Rice
(an old southern family recipe)

6 chicken thighs or 3 chicken breasts
1 ½ cups parboiled rice (ie Uncle Ben's)
3 chicken bullion cubes
4-5 cups of liquid (chicken broth + water)
2 ribs celery, finely chopped
¼ green bell pepper finely chopped (optional)

Cook chicken in 2 cups liquid until well done. Remove from liquid and cool slightly and cut into bite size pieces. Measure liquid and add enough water to equal 4 cups. Add celery, green pepper, and bullion cubes. Bring to a boil, add rice. Cover and cook over low heat for 20 minutes stirring several times. Add chicken and cook 5 minutes more to heat through. Add more water, if needed, to thickness you desire. This will be a very thick soup/ stew. Serves 4-6.

We're on the Web!

See us at:

www.scapan.com

Go For The Gold

Jan Smith MSN, RN, CPAN

This is the 3rd article in a series to discuss the ASPAN Gold Leaf Award and SCAPAN's efforts to "Go for the Gold". Our component will be strengthened and improved as we aim for various goals!

The Gold Leaf Award, as explained in previous articles, is a special award bestowed by ASPAN to the component that achieves the highest score based on a number of criteria. Community service was discussed in the last newsletter, and there were reports at the board meeting of community service activities across the state in addition to our statewide project of collecting dry pet food for organizations such as Meals on Wheels. Jackie Gibson spoke with Meals on Wheels in Columbia and reported that

they were excited that our organization was adopting this project. The Columbia office validated the report from the Greenville office that recipients of meals were sharing meals with pets. In Greenville SCAPAN members in collaboration with other PeriAnesthesia Nurses adopted girls for Christmas from the Cross Roads residential program for abused girls and made food donations to United Ministries, a special facility for the homeless in upstate S.C.

Another component of the Gold Leaf Award is component web sites. Lynne Wunch is the SCAPAN Web mistress. She has recently updated the site and is adding several new items. The

strategic plan and excerpts from the newsletter will be posted on this site. Lynn welcomes ideas from other and may be contacted through the web site. By-laws are being updated and will also appear on the web site when revisions are complete. Stay tuned for updates!

During the ASPAN conference in Greenville on Feb.3, Samantha Hanna, our new newsletter editor, obtained a list of participants who voted to receive the newsletter via e-mail rather than in the "snail mail". This future enhancement will save resources – costs of printing and mailing the newsletter, and will increase the speed with which it is received. Requests for electronic mailing can be submitted to the web site SCAPAN.com. •

EYEOPENERS EDITOR
Samantha Hanna RN CPAN
303 Clear Springs Circle
Summerville SC 29483

