

## SCAPAN MISSION

The mission of the South Carolina Association of Perianesthesia Nurses is to promote excellence in all aspects of Peri-anesthesia nursing practice through education, specialty certification, nursing research and ASPAN standards in an environment that is respectful of others and adaptive to changes.

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## Letter From The President

As I continue to think about leading SCAPAN and how I can encourage others to get involved, I realize life has intervened!

Sometimes its school work, sometimes its unit needs, and other times its illness or fatigue. Then I immediately realize, I'm not superhuman, nor am I perfect! And you, those I wish to encourage, have lives also! Your lives intervene, and although we want SCAPAN to be the BEST we can make it, and we want to dedicate adequate time to promote SCAPAN, our lives intervene. With that being said,

### YOU CAN MAKE A DIFFERENCE!

How? Give what you can give, when you can give it, and KNOW that as long as you strive for the best, life CAN AND WILL intervene! So, become an ACTIVE and

participating member of SCAPAN, and help us become the best! The more volunteers SCAPAN has, the less chance for 'life to intervene!'

Over the past year SCAPAN has had much interference with "life." We have had deaths, births, hospitalizations, illnesses, relocations, short-staffing and midnight calls to come to work, as well as many other things, yet the past year SCAPAN has accomplished a long list of goals! We have many more goals to complete this year, and we KNOW we will get the check boxes checked and the to-do lists completed. We will be reviewing all of the SCAPAN policies and procedures. Karen and I will be attending national conference in Washington, DC next month, ASPAN Component Development Institute will be in the fall, fall

conference planning is well under way, (thanks to Nancy Z.), and Spring Into Action is right around the corner! Whew...that's a lot, yet there's so much more! Coastal will be hosting an educational offering later this year, and all district board members will have meetings throughout the year! Nancy Z. will need help planning, coordinating and implementing the fall conference in Greenville, SCAPAN committees need co-chairs, and SCAPAN programs need promotion. With so much going on, I'm sure you can find a way to volunteer and promote SCAPAN! You can also help by collecting supplies for our SCAPAN sponsored community service drives, or collect and/or write articles for *EyeOpeners!* There is a place SCAPAN can use any bit of time you have to volunteer!

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**Letter From The President**

**...continued**

I would like to personally thank each and every member for being so cooperative and understanding. I was sick last week, and was unable to finish this newsletter. Yet again, life intervened! There will be many more "bumps" in the road of life, yet we all still keep moving forward! We as nurses are amazing people, and I enjoy every minute of work with each of you! I look forward to many more chances to meet each of you, and I hope that those meetings will produce volunteers to keep SCAPAN moving forward! Thank you for the opportunity to serve you! ♣

If you're attending ASPAN National Conference, please email SCAPAN(or Karen or Samantha) and let us know! We need volunteers to help "man" the table at component night, and we want to make sure we can interact with our members! We look forward to hearing from you, and seeing you in Washington DC.

**We want to know!**

Actually, we NEED to know! You can help SCAPAN win the Gold Leaf Award!

Do you work on an ASPAN committee?

Do you want to work on an ASPAN committee?

Tell us!

Contact Samantha or Karen!

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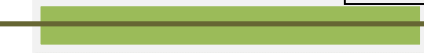
**Letters to the Editor**

Please send all correspondence to SCAPAN, PO Box 13976, Charleston, SC 29422, or email letters to [scswete@hotmail.com](mailto:scswete@hotmail.com) or [contact.scapan@gmail.com](mailto:contact.scapan@gmail.com) using 'letter to the editor' in the subject line. We look forward to hearing from YOU!

**Community Service Project 2009**

SCAPAN is encouraging all members to collect small toiletry items from hotel stays (or you can buy them) and donate the toiletries to homeless shelters in your area! Let SCAPAN know how many bottles you donate!

Look for another Community Service Project announcement SOON!



**ATTENTION ALL MEMBERS**

ALL ASPAN Members are asked to help to spread the word that ASPAN needs valid, current, primary e-mail addresses on each of our members!

ASPAN communicates via email, and if your email address is NOT current, you WILL MISS OUT!

ALSO, SCAPAN sends frequent emails. If you are not receiving these emails, or need to change your email address, PLEASE contact SCAPAN immediately!

Visit <http://www.scapan.com> for updates!



CONGRATULATIONS  
to  
Janelle Noell  
for winning the FREE  
ASPAN Membership for  
2009, compliments of  
SCAPAN!

**ASPAN Silent Auction**


- ASPAN is looking to you for your usual, generous donated items to be auctioned off, for the good cause of ASPAN Development.
- Though the auction will start on-site at Conference on April 20 when the exhibit hall opens, we are opening up the bidding process earlier this year - Online!
- [Click on the link below and donate your auction item\(s\). You even have the ability to upload a picture of your item.](#)
  - **March 23** - Online Auction bidding starts.
  - **April 20** - Auction continues on-site at National Conference.
- Remember, you can show your support by going to [www.aspan.cmarket.com](http://www.aspan.cmarket.com) and clicking on the "Donate Items" button to contribute to the ASPAN Auction Catalog

**Upcoming Educational Opportunities**

March 21 at Lexington  
Spring Into Action

April 19-23 in Washington DC  
ASPAN National Conference

October 10 in Greenville, SC  
SCAPAN Fall Conference @ Shriners Hospital for Children  
\*\*SCAPAN will be collecting TOYS for Shriners Hospital\*\*



SCAPAN Points Award  
**The next  
Points Award  
Application is due  
April 1<sup>st</sup>!**

SCAPAN extended the  
deadline in hopes that **YOU**  
will submit!

## Recipe Corner

### EASY PUDDING TIRAMISU

1 large box instant vanilla pudding  
 8 ounces cream cheese, softened  
 1/2 cup coffee liqueur  
 1/2 cup hot strong coffee  
 1 tablespoon sugar  
 2 (7 ounce) packages plain ladyfingers  
 8 oz Extra Creamy Cool Whip  
 4 ounces baker semisweet chocolate, coarsely grated

Prepare pudding according to box direction. Beat in cream cheese and coffee liqueur. Cover with plastic wrap and chill 1 hour. Fold in whipped topping. Stir sugar into coffee and brush coffee over lady fingers. Line bottom of 8 cup trifle bowl with 1 pkg of lady fingers, spread 1/2 of pudding mixture over cookies and sprinkle with 1/2 of the chocolate; repeat layers. Cover tightly and chill for 4 hours or overnight.



**Do you have a recipe you just LOVE?**

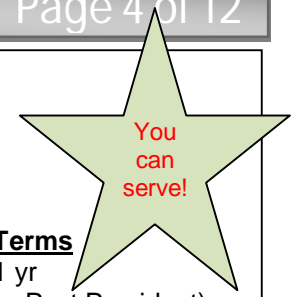
**Well, SCAPAN wants to publish your favorite recipe, if your willing to share!**

**Just email SCAPAN at [contact.scapan@gmail.com](mailto:contact.scapan@gmail.com) And we'll publish your recipe!**

### **SCAPAN -Willingness to Serve October 2009 – 2010**

See Website for Forms Submission!

The following positions are available:



<b>ELECTED POSITION:</b>	<b>Terms</b>
_____ <a href="#">Vice President / President Elect</a> (Followed by 1 yr each as President and Immediate Past President)	1 yr
_____ <a href="#">Treasurer</a>	2 yrs
_____ <a href="#">District Director (3 positions open)</a>	2 yrs

#### **SCAPAN COMMITTEE MEMBER:**

_____ <a href="#">By Laws / Policy and Procedure</a>	1 yr
_____ <a href="#">Education / Research</a>	1 yr
_____ <a href="#">Government Affairs / Professional Liaisons</a>	1 yr
_____ <a href="#">Finance</a>	1 yr
_____ <a href="#">Nominating / Elections</a>	1 yr
_____ <a href="#">Membership / Marketing/PR</a>	1 yr

[Blue positions MUST be filled in October! You should serve!](#)

## Coastal District Report

Please contact Dianne Jenkins at [Dianne.jenkins@rsfh.com](mailto:Dianne.jenkins@rsfh.com) for more details. ♣

## Central Midlands District Report

- ✓ Mark your Calendars! Register NOW!
- ✓ The Central Midlands Chapter of SCAPAN is pleased to announce that the 2009 "Spring into Action" will take place on Saturday, March 21 in Lexington. Registration will begin at 7:30 AM and the conference will continue until around 3 PM. Lunch will be provided
- ✓ The deadline to register has been extended until March 16! ♣



## Piedmont District Report

Please contact Nancy Boyd at [nboyd@ghs.org](mailto:nboyd@ghs.org) for more details. ♣

**OMG! RU RDY 4 CMS - RETRMT, NO 401K & DC \$\$\$ ??**

I recently received an email from a fellow health care colleague in the beleaguered northeast health sector of our great country. She has been an RN 9 years longer than I having started her career in 1975. She shared she would have to "delay retirement - my retirement savings have disappeared with all the stock market and investment losses!" Her sentiment is not lost on anyone in the largest cohort in nursing or otherwise - the "Baby Boomers." Just as "boomers" begin to ascend into retirement years...the economy reminds us we may have to delay that thought. In a recent episode of C - SPAN, Kerry Weems, Administrator of The Centers for Medicare and Medicaid Services shared some astounding statistics of the phenomenal growth of CMS and their services. In another episode of C - SPAN, Democratic Senator Herb Kohl from Wisconsin, who is also the Chair of the Senate Committee on Aging, shared even more impressive if not concerning stats on the changes in Medicare Services and the call - claim center, in the past 25 years.

R U RDY? In 1983 The Department of Health and Human Services "handled" on average 325 million, (paper) claims from individuals and institutions. At that time, there were 104 private contractors processing those claims for Medicare & it took an individual an average of 6 phone calls from an inquiring claimant to get an answer. There were no computers on their desks to process these claims, "just ashtrays!" Fast forward to 2008. There were 1.1 billion claims in the pipeline and 99% of them

**Governmental Affairs Update...South Carolina ASPAN GA Liaison  
Alisa Shackelford, RN, MBA, MA, CCRN**

electronic. However, there are now only 49 contractors to review these claims, (with that number set to decrease in 2009-10 )and again, it takes 6 or more online contacts to get an answer to inquiries. Between the years of 1990 to 2005, CMS received 5 million phone calls or less per year on average. When the Medicare Prescription Drug Improvement and Modernization Act, MMA, of 2003 was implemented along with Part D in the following years, the volume of calls skyrocketed to 20.2 million in 2004 and 28.2 million in 2005 respectively! In the years since, the calls to the center range from 29 million to 37.5 million per year!

While the goal and mission for the CMS call center is:"...provide professional service that is earnest, caring, courteous,..." the policy makers in Washington share that "...this is going to take time as we enter the era of processing claims...for a significant sector of the population." They admit there are "opportunities" to overcome. For example, the interactive voice response, IVR, at the call centers has a minimum of a one hour wait during peak call times.

Frequently, callers waiting are disconnected. The computerized voice menu is "laden with medical jargon and error ridden scripts." As a result of these "opportunities", Medicare recipients have suffered: a Florida man nearly died as his oxygen prescription was not refilled; an organ transplant patient nearly died due to rejection medications not being renewed and a person receiving chemotherapy had their

appointments changed and resulted in having no place to receive continuing treatment. Furthermore, aging "Boomers" who have yet to use Medicare have been receiving "collection notices" for services even though they are not yet enrolled.

As with any service oriented industry, Sen. Kohl noted that "top notch customer service is the key to navigating any system." Sen.. Kohl also shared that keeping up with all the changes in technology will take time to implement. He is optimistic that "scripting and training" will greatly improve customer service. For anyone that is heading into the "Medicare" years, this is concerning being the largest cohort of our population. In the meantime, given the economic outlook and the nearly 1 trillion dollars approved in D.C. to "stimulate" the economy, paying back that amount will require not only many "Boomers" working beyond their "anticipated" retirement dates but also the "Gen X" and "Gen Y cohorts and the cohorts that follow them. Just remember - please be patient when calling 1-800-Medicare... Thank you.♣

Calendar of Events

- April 1 – CPAN/CAPA recertification Applications DUE
- June 30 – ASPAN Scholarship Forms DUE
- July 25 – *EyeOpeners* Submission Deadline for August *EyeOpeners*

\*\*Check SCAPAN.com for more dates\*\*

## An ABPANC Experience

Barbara Waynick Davis RN BSN CPAN

I had the pleasure of interviewing for the American Board of Perianesthesia Nurses Certification Inc. as a potential Board member. I was privileged to present to the ABPANC Board in May 2008. As I presented my power point slides I was beaming with gratitude and excitement, as well as an awesome awareness of the tremendous talent seated in the room. It was such a rewarding journey to make it to the final rounds and to be chosen for the last interview processes.

I was not seated on the Board this time. However, members of the Board encouraged me to try again. My Mother once shared with me something that has dominated my courage and my attitude for winning or losing.

She said:

"Failure is never a failure if you continue to succeed at whatever you are trying to achieve."

So as I got the message that I had not been placed, I could hear her words echoing in my heart.

As I shared with several members of the Board that I was just as excited and encouraged and filled with pride going in as coming out!

I am so thankful and prideful for the experience. My heart is full of passion and gratitude for having had this wonderful and educational experience. I will continue my

journey of prideful excellence in perianesthesia nursing. Our nursing specialty is something we all can celebrate in every element of our career. I thank all those who gave me encouragement and celebrated my achievement for having the wonderful experience of interviewing for the ABPANC Board.

My special thanks for a Mother who always believed in her daughter and celebrated my passion for perianesthesia nursing. Another special thanks to Cheryl Coleman RN BSN Cheryl who believed in me and celebrated my journey through all the processes and pride of this ABPANC Board Interviews. With courage and passion I will continue to commit to excellence in Perianesthesia Nursing and the Certification Process. Many Thanks,

Barbara Waynick Davis RN BSN CPAN♣

## Component Night's Parade of Legends

Component members: mark your calendars! Save **Sunday evening April 19<sup>th</sup>** for Component Night, the official "kickoff" to ASPAN's National Conference week. Renew friendships, eat, laugh, raffle and "march" with colleagues in the annual component night parade. The fun and frolic begins at **7PM**.

Get creative. Act out. In honor of this year's Conference location in Washington, DC, home to centuries of history and legend, come to Component Night gussied up in a costume depicting a historic or legendary figure of your region. Show off your attire with component colleagues as you snake through the ballroom during the "Parade of Legends."

**Kate Painter** of the National Conference Strategic Work Team announces costume awards to infuse even more "humor and good times" to the event. Award categories include:

**Most Authentic:** for the costume that "appears to be most authentic to the depicted character," including wig and accessories.

**Best Costume:** for the "most intricate and detailed, well fitted" costume designed to be easily recognized as the depicted person or character.

**Funniest:** for the character who "generates the most laughs from the crowd." To depict your character, you might become "artificially plumped up," coif the craziest hair style, or sport comical shoes.

**Brightest:** "Think bright colors" and "bright ideas" to create the costume with the most color, flair, and creative thought. Imagine portraying Thomas Edison as a fully functioning light bulb!

Historically, Component Night is a favorite Conference social event. We look forward to applauding your character on April 19<sup>th</sup>! ♣

ASPAN Region Five Update Continued...

Chris Price, MSN, RN, CPAN, CAPA

SCAPAN has not received the Region Five Update...We will update this page when we receive it!



**Excellence in Action -****Alisa Shackelford, RN, MA, MBA, CCRN**

"Every year for 42 years, I made a dedicated investment with my education & training...much like a bank account...and it had one big payoff..." So shared Captain Chessley "Sulley" Sullenberger, III in a recent interview. (\*I had the good fortune to hear him speak at a recent event.) "Education and training" resulted in the difference between tragedy and triumph in the engine failure of Airbus Flight 1549. As a result, through their commitment to education & training, Jeffrey Skiles 1st officer, Donna Dent, Doreen Walsh & Sheila Dail flight attendants safely returned 154 individuals - (customers) to their loved ones after an emergency landing in the icy Hudson River.

In another interview with the Airlines Pilots Association later that month, several of the pilots interviewed readily shared they "would not recommend being a pilot" to their children as a career! That was a bit shocking to hear! How many times have you, our reader, heard that in regard to health care and nursing? Initially I was saddened to hear that...then I thought of the similarities between commercial airlines and health care - both have their core in science but serve as a "service" industry...and directly with people. They further shared during that interview that: "the hours have increased while the pay has not kept up with inflation...", "we work 70 to 80 hours a week", "and the requirements have become more stringent." Does any of this sound familiar?

Nonetheless, the pilots interviewed shared they would not change their choice for their profession and believed that they could assist in making a measurable positive impact in their chosen profession for the future. They stated the importance of education and training often at their own personal cost. Again, does this sound familiar? In these economic times and the recent fiscal commitments in Washington, DC to billions of dollars to "recover" our economy; dollars for education and training will become more valuable and may be more than likely increasingly rare from employers? Nonetheless, are you committed to your personal & professional investment in education and training? Do you attend local or state legislative hearings or write letters to the editor on items pertaining to health care? Did you contact your elected officials regarding the "stimulus" package and it's impact on nursing and delivery of services? Are you an active member or officer in your professional organization? Are you aware of your practice standards and ensure your hospital administration is aware of them too? Are you committed to actively engaging in your chosen profession whether it be through: grassroots activism by keeping abreast of current events and communicating your value as a professional to your elected officials?

When the interview with Captain Sullenberger, III was near over, they asked him for his final thoughts on being prepared for this emergency, assuring the safety of his customers & co-workers on that plane and remaining calm in crisis. He simply stated, "...we were simply doing the jobs we were trained to do. We all did our jobs." Sound familiar? Simply put - excellence in action - something we do everyday...in no small part to a commitment to education and training. Thank you. ♣

**National Healthcare Decisions Day April 16****American Association of Critical Care Nurses Update**

Here's an exciting opportunity to promote advance care planning in your community and state. April 16, 2009 has been designated National Healthcare Decisions Day! The National Healthcare Decisions Day Initiative is a collaborative effort of national, state and community organizations, including AACN, committed to ensuring that all adults with decision-making capacity in the United States have the information and opportunity to communicate and document their healthcare decisions. This is a wonderful opportunity to work collaboratively with other healthcare organizations and a great chance to gain increased recognition for your organization. Please help us support this worthy event by sharing this information with your colleagues and your community. For more information, visit [www.nationalhealthcaredecisionsday.org](http://www.nationalhealthcaredecisionsday.org).

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American Association of Critical-Care Nurses  
[ambassadors@aacn.org](mailto:ambassadors@aacn.org)

## ASPAN Going Green Update

ASPAN Strategic Work team

Hopefully by now you have heard the news!! ASPAN is **“Going Green”**. The *Breathline* will be exclusively online starting with the second issue of 2009.

The strategic work team also agreed that the last printed Specialty Practice Group (SPG) newsletter will be December, 2008. Future issues of the SPG newsletters will be on the ASPAN Web site using member access. Currently some of SPGs archive newsletters are on the ASPAN site. Soon, with the launching of the new and improved ASPAN website, navigating the site will be much easier. The member's initial login will allow the member to access any pre-authorized area that the individual's membership allows. The online newsletter will allow timely and current information to be available to the member with the click of a mouse! The technology of the ASPAN site will allow the SPGs to take part in this important going green process.

*One of the features of the new SPG Web pages is to allow you and all of the SPG members to view or download a current SPG membership roster (with name, e-mail address, city & state) in Excel. You can then easily access the e-mail addresses from the Excel file for contacting members. Just login to the ASPAN Web site, click About US/Organization/Specialty Practice Groups, then select Your SPG—Members only. You will find the roster link, newsletter, etc.*

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Check out ASPAN's NEW Website! You can register for conference, fill out forms electronically, and much more!

## Active CAPA and CPAN Certifications

SUBLER, MARY  
 CRABTREE, ELLEN  
 BEAUDOIN, JANET  
 VERRECCHIA, MEREDITH  
 STOCKER, SANDRA  
 KOLTONSKI, JOAN  
 FEREDAY, THERESA  
 CATCHINGS, KAREN  
 BECKETT, CAROL  
 RUDD, DANA  
 SHEARER, DONNALEA  
 COUNTS, RENEE  
 LARUSSA, KRISTA  
 TAYLOR, PAULA  
 BETHEA, GAIL  
 HUMPHRIES, JUDY  
 FICKLE, MARY  
 GOLDSCHMIDT, ROBIN  
 BURRELL, GABRIELA  
 FRIEDMAN, CLARKE  
 JOHNSON, PAMELA  
 MARTIN, PHYLLIS  
 NEWELL PALMER, JERI  
 HAWKINS, EVA  
 KELLY, DEBRA  
 CHALKER, DEBRA  
 DAVIS, JOSEY  
 DOUGLAS, PHYLLIS  
 LONGSHORE, MARGARET  
 PENNEY, NANCY  
 ROHRLACK, LINDA  
 SMITH, LINDA  
 RICHTER, DIANA  
 COTHRAN, MELISSA  
 SIMPSON, CATHLEEN  
 NORRIS, EDITH  
 COOK, LOIS  
 EDMONDSON, MITZI  
 HIERGESELL, DEBORAH  
 RUSKE, JULIANNE  
 JOHNSON, PATRICIA  
 WARNER, MINNIE  
 DRAGOON, RUSTY  
 GENEROSO, MARIE JAY  
 FINLEY, KAREN  
 ROBERTSON, MILISSA  
 SNELLGROVE, SHANNON  
 ALLISON, REBA  
 WETZSTEIN, SHIRLEY  
 SUGGS, JONI  
 RENWICK, MARTHA  
 BATEMAN, JANE  
 JORDAN, CHRISTINE  
 DUKES, LINDA

MACLAUGHLIN, DIANE  
 PUBLICOVER, NANCY  
 DAVIS, JOY  
 WALKER, MARIAN  
 EDNEY, LESLIE  
 WEANT, JENNIFER  
 DILORENZO-THAMES, KAREN  
 DANIEL, DONNA  
 BOND, LINDA  
 STOKES, ANNE  
 TRAPP, WILLIE  
 MURDOCK, JACQUELINE  
 MUELLER, REBECCA  
 STEVENS, DENICE  
 JOHNSON, ANNE  
 NORRIS, CORA  
 LONG, ASHLEY  
 AUSTIN, HELEN LEANN  
 COLEMAN, CHERYL  
 SUTKER, LISA  
 LONGANO, MONICA  
 WALSH, JAMIE  
 CANNON, SUE  
 STINSON, SHELLEY  
 SLAGHT, MARVIN  
 DIAMOND, KIM  
 HARRAH, KAREN  
 MARTIN, CAROL  
 SMITH, JANICE  
 SHUFORD, FAYE  
 CALVERT, MITTIE  
 MACEACHERN, KATHLEEN  
 HIGGINBOTHAM, REBECCA  
 ATKINSON, RANE  
 BALDWIN, LYNN  
 CHAMBERS, NANCY  
 DRIGGERS, MARY  
 SWEAT, GRACIE  
 MORAN, PATRICIA  
 LEWIS, BARBARA  
 DAVIS, BARBARA  
 REYNOLDS, MARY  
 LATHAM, SUSAN  
 ONDROVIC, KATHY  
 MARCELL, JO  
 BRANCATI, REBECCA  
 DAWSON, SUZANNE  
 MARTIN, GLORIA  
 ANTLEY, BARBARA  
 STAFFORD, DEBORAH  
 DUNBAR, BRIAN  
 VAUGHT, CHERYL  
 MERRITT, MONIQUE  
 HANNA, SAMANTHA  
 WIMMER, SUSAN

BOYD, NANCY  
 BOYD, LORI  
 WALLIN, JENNIFER  
 FARLEY, NANCY  
 COTTRELL, VIANNA  
 WUNCH, LYNNE  
 NORGART, CHRISTIE  
 PRUITT, MELANIE  
 HANNA, PATRICIA  
 SLEA, JUDY  
 SUTTON, LORI  
 BEALE, MARY  
 PETTIT, ANGELA  
 ALLISON, REBA  
 BAKER, FAYE  
 DENAULT, PAULA  
 NOELL, JANELLE  
 PROUT, PATRICIA  
 KAY, TAMMY  
 RAWL, MICHAEL  
 ROUSH, LINDA  
 DAVIS, TERESA  
 SALCH, ANNA  
 COLLEY, JENNIFER  
 CASOLI, JENNIE  
 WILLIAMS, PAULA  
 CONNER, JOYCE  
 COLLINS, SHANA  
 PALMER, SHERRY  
 SMITH, SUZETTE  
 HARTBERGER, DEBRA  
 CAMPBELL, WILMA  
 MOXLEY, GLORIA  
 RECTOR, KIM  
 ZARCZYNSKI, NANCY  
 GRAHAM, MAGGIE  
 MANINGAS, MILA  
 STANLEY, MELISSA  
 CORNELIUS, CONNIE  
 WILLIAMS, MARTHA  
 MELVIN, DAVID

Champions for South Carolina:  
 Leslie Edney

Coaches for South Carolina:  
 Suzette Smith  
 Nancy Zarczynski

## 2009 Palmetto Gold Nurse Award Recipients CONGRATULATIONS!

M. E. Register	K. Long	S. Law	SCAPAN donated \$150 to the Palmetto Gold Nurse Scholarship Award!
S. Oliver	T. Allison	S. Hanna	
R. McFadden	L. Bastian	M. Allred	
D. Topjian	E. Hinson	D. Brooks	With over 45,000 nurses registered in SC, only 100 are chosen each year to receive the award! Nurses are nominated by their employers and a blind review is conducted. Each nomination is reviewed by 6 nurses and is ranked based on certain criteria. Criteria for the Palmetto Gold Nurse Award can be found at <a href="http://www.scpalmettogold.org">www.scpalmettogold.org</a> .
K. Bryant	M. Harley	J. Perry	
T. Lawson	C. Caruso	L. Greer	
S. Stinson	S. McTague	J. Sicard	
R. Wise	A. Caton	A. Beardsley	
C. Jones	S. Memmer	S. Robertson	
D. McAdams	R. Miller	T. Campbell	
L. Herbert	A. J. Baird	C. Lenz	
J. Townes	C. Cumbee	D. S. Jones	
M. Willis-Clarkson	M. A. Verostek	C. Stokes	
R. Lewis	B. Thompson	D. Cox	These nurses have demonstrated excellence in practice and commitment to the profession and have earned the respect of colleagues and peers.
V. Ledbetter	J. Jones	K. DiIorenzo-Thames	
S. Eison	E. Corbett	C. Abernethy	
S. Lindsey	N. Vivian	A. Costa	
B. Amos	C. Hickson	J. Powers	
B. Owen	S. Graham	T. O'Brien Jr	
P. Yates	J. Tonsor	E. Cser	
C. H. Rice	H. Matthews	T. Lott	
A. Pridemore	M. McCutcheon	C. Norgart	
A. Calandro	J. Busch	G. Brown	
J. Stuber	L. Stephens	J. Craig	
D. Lotz	A. R. Epting	T. Fagan	
C. Vamper	J. Hollis	L. Myers	
P. Sturbaum	P. McCloud	M. Covan	
T. Finney	J. Major	K. Wallace	
C. Shoemaker	B. Newby	S. Rials	
D. Vorlick	C. Terrill	C. Padgett	
C. Truluck	P. Deems	R. Walker	
G. Black	S. Thomas	B. Sandifer	
M. Williams	D. Brawdy	C. Brannigan	

### Computer-based Testing is Coming to ABPANC!

- ✓ April 6, 2009 CPAN and CAPA examinations will be available for Computer Based Testing (CBT).
- ✓ TWO testing windows in April and November, each 6 weeks long!!
- ✓ Dual-certification?? You can take both examinations during the same testing window!
- ✓ Recertification will also be available online beginning Nov. 1, 2009.
- ✓ Apply online for the examination.
  - You only need an email address!
- ✓ The application window for the Spring test will open 1/26/09!
- ✓ No more special test sites!
- ✓ No more waiting for the mail to arrive!
- ✓ Preliminary scores will be available immediately!
- ✓ No prior computer experience necessary!
- ✓ Paper and pencil version of the exam will be offered once a year at the ASPAN National Conference!

**Stay tuned to the ABPANC website ([www.cpancapa.org](http://www.cpancapa.org)) for updates!**

*If you have moved, or would like a 'hardcopy' version of the newsletter, let us know!*

We're On the Web!!

We've UPDATED our site!!!!

Visit us at  
[www.scapan.com](http://www.scapan.com)!

## **Location! Cherry Blossoms! Education! History!** **Kate Painter, National Conference Strategic Work Team**

Join ASPAN on the banks of the Potomac River overlooking our nation's capital! ASPAN meets at the Gaylord National Resort and Conference Center from April 19-23, 2009 for its 28<sup>th</sup> National Conference. The theme, "Dreams Create Lasting Legacies," promises to recharge our spirits and renew our commitment to excellence as we deliver perianesthesia care. This East Coast conference features nationally known speakers, networking opportunities, and valuable education to enhance our knowledge of perianesthesia skills and Standards.

Of course, this location allows everyone to fulfill the dream of touring our nation's capital just as Spring arrives. Blue skies, spring blooms and moderate temperatures make April a wonderful time to see Washington, DC.

Component Night will be patriotic and fun. The theme, "Celebrating American Legends," allows attendees to pay tribute to legendary characters. **Components:** gather together to choose a historical character from your region of the country, then decked in costume, participate in the "Parade of Legends."

If you have not had the opportunity to attend an ASPAN National Conference, join us to discover the energy and passion that lies within each of us as nurses in a dynamic specialty. Attendance is expected to reach a record high, so take advantage of **early registration**. Assure your spot to fulfill your dreams and create future legacies. ♣



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